

25.5.08

**Melmerby 10K Results**

Licence No.10226

## 3RD EVENT IN THE BLACK SHEEP RACE SERIES 2008

Pos	No	Time	Name	Club	M/F	Cat
1	154	30.56	Darran Bilton	Leeds City A C	M	M1
2	169	33.49	Ian Crampton	Durham City H & A C	M	M1
3	17	34.05	Stephen O'Neill	Harrogate Harriers	M	M
4	53	35.16	Richard Watson	Ripon Runners	M	M
5	157	35.37	Tony Hazell	Horsforth Harriers	M	M1
6	129	36.15	Alastair Byrne	Easingwold R C	M	M1
7	21	36.48	Stephen Morland	U/A	M	M
8	18	36.50	Andrew Dobby	RAF Menwith Hill	M	M
9	148	36.52	Chris Hartley	Easingwold R C	M	M1
10	11	36.55	Philip Utley	Thirsk & Sowerby	M	M
11	122	37.07	Steve Large	Horsforth Harriers	M	M1
12	38	37.12	James Stathers	Beverley A C	M	M
13	251	37.19	Ian Scott	Quakers R C	M	M2
14	141	37.27	Mick Brearley	St Bedes A C	M	M1
15	249	37.56	James Cook	U/A	M	M2
16	142	38.01	Paul Windle	Wetherby Runners	M	M1
17	139	38.06	Ian Waller	Nidd Valley R R	M	M1
18	239	38.15	Paul Stockburn	Harrogate Harriers	M	M2
19	112	38.27	Richard Bewell	Wetherby Runners	M	M1
20	24	38.29	Kim Brown	U/A	M	M
21	42	38.34	Alex Dobson	N Yorks Police A C	M	M
22	166	38.36	Mark Dalton	Beverley A C	M	M1
23	243	38.39	John Oliver	York Knavesmire	M	M2
24	59	38.41	Ben Imeson	Ripon Runners	M	M
25	171	38.43	Mark Kendall-Lansell	Scarborough A C	M	M1
26	23	38.53	Chris Plews	Wetherby Runners	M	M
27	170	38.56	Paul Emson	Swaledale R R	M	M1
28	106	38.58	Terry Topping	Sunderland	M	M1
29	4	39.00	Lee Davies	Pewsey Vale	M	M
30	123	39.02	Paul Emmett	U/A	M	M1
31	229	39.04	Paul Kelly	Darlington Harriers	M	M2
32	211	39.10	Howard Jeffrey	Otley A C	M	M2
33	216	39.48	Keith Pailing	Rothwell Harriers	M	M2
34	224	39.52	Paul Render	Harrogate Harriers	M	M2
35	6	39.54	Stuart Locking	Pudsey&Bramley A C	M	M
36	104	40.00	Andy Todd	Nidd Valley R R	M	M1
37	34	40.02	Corey Arnott	Beverley A C	M	M
38	153	40.10	Brett Edgeworth	Thirsk & Sowerby	M	M1
39	355	40.18	Erika Johnson	Swaledale R R	F	F1
40	33	40.25	Jordan Arnott	Beverley A C	M	M
41	61	40.33	Tim Harvey	Ripon Runners	M	M
42	168	40.35	Andrew Marston	Ripon Runners	M	M1
43	322	40.37	Robyn Oldham	York Knavesmire	F	F
44	215	40.53	Richard Annable	Skipton A C	M	M2
45	136	40.56	Paul Birrane	Eccleshill R R	M	M1
46	135	40.57	Mike Deacon	Nidd Valley R R	M	M1
47	207	41.00	Tim Broomfield	Harrogate Harriers	M	M2

48	131	41.02	Steve	Oates	Ripon Runners	M	M1
49	365	41.06	Michela	Stepito	Stockport Harriers	F	F1
50	230	41.08	Neal	Holdsworth	York Knavesmire	M	M2
51	285	41.11	Alan	Rowell	Durham City Harriers	M	M3
52	10	41.12	Duncan	Berry	U/A	M	M
53	276	41.13	Mike	Willis	Scarborough A C	M	M3
54	225	41.20	Paul	Munson	U/A	M	M2
55	228	41.20	Steve	Smith	U/A	M	M2
56	294	41.21	Harold	Dobson	York Knavesmire	M	M3
57	62	41.30	Jeremie	Maillard	Nidd Valley R R	M	M
58	49	41.34	James	Penson	U/A	M	M
59	145	41.35	Gerard	Byrnes	Harrogate Harriers	M	M1
60	223	41.47	Ray	Johnstone	Ripon Runners	M	M2
61	244	41.51	Steven	English	Low Fell R C	M	M2
62	424	41.53	Sue	Dolan	Harrogate Harriers	F	F2
63	19	41.56	John	Wood	U/A	M	M
64	37	42.05	Jonathan	Hampton	York Knavesmire	M	M
65	209	42.09	Stephen	Hall	Skipton A C	M	M2
66	102	42.13	Jon	Blane	Harrogate Harriers	M	M1
67	119	42.13	Paul	Stepito	Stockport Harriers	M	M1
68	241	42.15	Tony	Essex	Harrogate Harriers	M	M2
69	233	42.16	Mark	Jordan	Harrogate Harriers	M	M2
70	274	42.22	Bill	Wade	Holmfirth Harriers	M	M3
71	277	42.22	Stephen	Brook	Queensbury R C	M	M3
72	456	42.23	Sue	Haslam	Scarborough A C	F	F2
73	2	42.27	Steven	Close	Wetherby Runners	M	M
74	172	42.28	Les	Phillips	Durham City H & A C	M	M1
75	443	42.28	Sarah	Nettleton	York Knavesmire	F	F2
76	5	42.33	Martin	Smith	York Knavesmire	M	M
77	25	42.39	Wayne	Kelly	Darlington Harriers	M	M
78	217	42.43	Martin	Pearson	New Marske Harriers	M	M2
79	133	42.44	John	Dickensen	U/A	M	M1
80	433	42.47	Ruth	Warren	U/A	F	F2
81	52	42.53	Mark	Tubin	Wetherby Runners	M	M
82	227	42.53	Philip	Carling	U/A	M	M2
83	173	42.55	Simon	Watson	Harrogate Harriers	M	M1
84	308	42.59	Clare	Pearson	Skipton A C	F	F
85	121	43.00	Anthony	Andryszewski	Wetherby Runners	M	M1
86	1	43.04	Simon	Smith	Nidd Valley R R	M	M
87	237	43.05	Robert	Hewitson	Durham City Harriers	M	M2
88	218	43.08	David	Dodd	Darlington Harriers	M	M2
89	114	43.17	Graeme	Kilvington	Harrogate Harriers	M	M1
90	36	43.25	Mark	Holt	U/A	M	M
91	109	43.29	Bruce	Symonds	Ripon Runners	M	M1
92	144	43.33	Philip	Sagar	Harrogate Harriers	M	M1
93	240	43.35	Tom	Hannah	Otley A C	M	M2
94	146	43.48	Alistair	Duff	Harrogate Harriers	M	M1
95	120	43.50	Les	Sutton-Haigh	Thirsk & Sowerby	M	M1
96	160	43.53	Kevin	Jackson	Ripon Runners	M	M1
97	210	44.02	John	Ward	Ripon Runners	M	M2

98	132	44.04	Paul	Wigby	U/A	M	M1
99	291	44.06	Chris	Brown	Ripon Runners	M	M3
100	250	44.08	Ken	Dart	Easingwold R C	M	M2
101	206	44.16	Ian	Smith	U/A	M	M2
102	208	44.27	John	Buckler	Harrogate Harriers	M	M2
103	357	44.27	Laura	Marks	Wetherby Runners	F	F1
104	379	44.34	Fiona	Deacon	Nidd Valley R R	F	F1
105	436	44.36	Sue	Simpson	Harrogate Harriers	F	F2
106	296	44.48	Ronnie	Sherwood	New Marske Harriers	M	M3
107	246	44.49	Jerry	Kift	Rothwell Harriers	M	M2
108	117	44.55	Phil	Evans	Skipton A C	M	M1
109	116	44.56	Tony	Mayhall	Wetherby Runners	M	M1
110	373	45.00	Ann	Dale	Wetherby Runners	F	F1
111	226	45.05	David	Fox	Otley A C	M	M2
112	156	45.09	Gordon	Brindle	U/A	M	M1
113	297	45.18	Ronnie	Cassar	Swaledale R R	M	M3
114	279	45.27	Martin	Hurst	Harrogate Harriers	M	M3
115	107	45.30	Peter	Devlin	Swaledale R R	M	M1
116	284	45.35	Colin	Utterson	York Acorn	M	M3
117	134	45.42	David	Burke	U/A	M	M1
118	55	45.52	James	Brownfield Pope	U/A	M	M
119	3	45.56	Simon	Rudsdale	Horsforth Harriers	M	M
120	165	46.02	Mark	Weatherill	U/A	M	M1
121	9	46.04	John	Stapleton	U/A	M	M
122	429	46.06	Andrea	Normington	Wetherby Runners	F	F2
123	311	46.10	Nicola	Lawrence	York Knavesmire	F	F
124	158	46.13	Andrew	Emsley	U/A	M	M1
125	253	46.14	Neil	Sergeant	Beverley A C	M	M2
126	127	46.15	Peter	Khoo	Abbey Runners	M	M1
127	46	46.16	Philip	Fernyhough	U/A	M	m
128	60	46.25	Antony	Brown	U/A	M	M
129	286	46.28	Jim	Conoghan	New Marske Harriers	M	M3
130	14	46.30	Jim	Coldwell	U/A	M	M
131	219	46.30	Stephen	Wingate	U/A	M	M2
132	45	46.31	Stu	Wallace	Ripon Runners	M	M
133	13	46.37	Ian	Walker	Ripon Runners	M	M
134	101	46.38	Timothy	Pocock	Harrogate Harriers	M	M1
135	202	46.40	Charles	Weatherill	Road Runners	M	M2
136	389	46.48	Kim	Vehige	U/A	F	F1
137	161	46.54	Colin	McConnell	U/A	M	M1
138	360	46.59	Sue	Sharples	U/A	F	F1
139	289	47.00	Alfred	Lindsay	Easingwold R C	M	M3
140	442	47.06	Wanda	Macdonald	St Therasas A C	F	F2
141	290	47.13	Bernhard	Musgrove	Howgill Harriers	M	M3
142	29	47.14	Jonathan	Teasdale	U/A	M	M
143	235	47.14	Paul	Bainbridge	U/A	M	M2
144	212	47.15	Steven	Little	Idle A C	M	M2
145	26	47.16	Andrew	Smith	York Knavesmire	M	M
146	152	47.22	Robyn	Boulton	Harrogate Harriers	F	F2
147	115	47.26	James	Kirkpatrick	U/A	M	M1

148	138	47.29	Jonathan	Riley	U/A	M	M1
149	278	47.29	John	Flattley	New Marske Harriers	M	M3
150	44	47.30	Jonathan	Severs	Thirsk & Sowerby	M	M
151	422	47.30	Sara	Buckler	Harrogate Harriers	F	F2
152	137	47.34	Chris	I'Anson	Ripon Runners	M	M1
153	302	47.35	Emma	Kicks	Nidd Valley R R	F	F
154	167	47.38	Gary	Fullegar	U/A	M	M1
155	387	47.39	Jean	Croft	Harrogate Harriers	F	F1
156	397	47.41	Anna	Veitch	U/A	F	F1
157	56	48.03	Steve	Stapylton	U/A	M	M
158	314	48.08	Chloe	Ryall	Baildon Runners	F	F
159	201	48.10	Ed	Walters	U/A	M	M2
160	321	48.11	Victoria	Hardy	U/A	F	F
161	159	48.15	Gavin	Ritchie	Wetherby Runners	M	M1
162	378	48.24	Emma	Oates	U/A	F	F1
163	22	48.25	Paul	Baxter	Harrogate Harriers	M	M
164	248	48.30	Tony	Smitheman	U/A	M	M2
165	306	48.31	Zdenka	Rosolova	Skipton A C	F	F
166	312	48.37	Laura	McPherson	U/A	F	F
167	164	48.50	Michael	Hannan	U/A	M	M1
168	282	48.50	Ernie	Huck	Thirsk & Sowerby	M	M3
169	151	48.56	Ed	Mitchell	U/A	M	M1
170	323	49.02	Amy Rose	Cassar	Swaledale R R	F	F
171	214	49.17	John	Hunter	Swaledale R R	M	M2
172	390	49.33	Emma	Coster	Wetherby Runners	F	F1
173	236	49.36	Mike	Brown	Valley Striders	M	M2
174	318	49.41	Amy	Stockdale	U/A	F	F
175	448	49.47	Anne	Hartley	Easingwold R C	F	F2
176	124	49.50	Dave	Cooper	Ripon Runners	M	M1
177	283	49.52	Malcolm	Fawcett	York Knavesmire	M	M3
178	480	49.54	Margaret	Metcalfe	York Knavesmire	F	F3
179	358	50.02	Alison	Mallorie-Lewis	Wetherby Runners	F	F1
180	403	50.02	Dawn	Wheatley	Wetherby Runners	F	F1
181	7	50.11	Stephen	Locking	Pudsey&Bramley A C	M	M
182	50	50.11	Simon	Barlow	U/A	M	M
183	363	50.15	Jill	Knight	Thirsk & Sowerby	F	F1
184	451	50.18	Julie	Clough	U/A	F	F2
185	319	50.21	Vida	Williams	U/A	F	F
186	385	50.21	Suzanne	Rickard	Ripon Runners	F	F1
187	147	50.22	Steve	Parkinson	Ripon Runners	M	M1
188	28	50.23	Paul	Davies	U/A	M	M
189	317	50.24	Kelly	McDonald	U/A	F	F
190	478	50.32	Lynn	Woods	New Marske Harriers	F	F3
191	252	50.33	Nick	Brooks	U/A	M	M2
192	111	50.46	Rob	Lyons	U/A	M	M1
193	313	50.50	Victoria	Davidson	U/A	F	F
194	247	50.53	Mark	Sullivan	York Knavesmire	M	M2
195	396	50.53	Rachel	Sullivan	York Knavesmire	F	F1
196	421	50.53	Maureen	Medlar	York Knavesmire	F	F2
197	354	50.54	Viv	Matthews	North York Moors	F	F1

198	439	50.54	Mel	Dutka	Ripon Runners	F	F2
199	105	50.58	Andrew	Brown	Harrogate Harriers	M	M1
200	427	50.59	Annie	Burns	Nidd Valley R R	F	F2
201	395	51.00	Alison	Da Costa	U/A	F	F1
202	386	51.17	Joanna	Young	U/A	F	F1
203	150	51.26	David	Horne	U/A	M	M1
204	245	51.32	Christopher	Maltby	St Therasas R C	M	M2
205	213	51.36	Anthony	Lee	U/A	M	M2
206	320	51.38	Victoria	Glatman	U/A	F	F
207	315	51.39	Jenny	Crosier	U/A	F	F
208	163	51.40	Simon	Holden	U/A	M	M1
209	205	52.02	Robin	Kehoe	U/A	M	M2
210	27	52.16	Ian	Trushell	U/A	M	M
211	446	52.21	Julie	James	St Theresa's A C	F	F2
212	400	52.24	Patricia	Gill	York Knavesmire	F	F1
213	428	52.25	Carol	Morrison	Easingwold R C	F	F2
214	445	52.27	Judith	Seaton	Thirsk & Sowerby	F	F2
215	118	52.31	John	O'Hare	U/A	M	M1
216	316	52.35	Dona	Appleyard	U/A	F	F
217	272	52.40	Mike	Mahoney	St Bedes A C	M	M3
218	30	52.44	Adrian	Turner	York Knavesmire	M	M
219	372	52.48	Karen	Large	Horsforth Harriers	F	F1
220	110	52.51	Adrian	Marks	U/A	M	M1
221	453	53.04	Katy	Hill	U/A	F	F2
222	423	53.07	Judy	Greenwood	Nidd Valley R R	F	F2
223	434	53.07	Yvonne	Wood	Thirsk & Sowerby	F	F2
224	401	53.09	Anya	Dunford	U/A	F	F1
225	352	53.10	Susan	Hoernig	Road Runners	F	F1
226	402	53.12	Semirah	Beeson	U/A	F	F1
227	41	53.16	Christopher	Nixon	North Yorks Moors	M	M
228	58	53.16	Tom	Feltham	U/A	M	M
229	450	53.36	Marina	Wyvill	Wetherby Runners	F	F2
230	482	53.38	Lesley	Bayes	Scarborough A C	F	F3
231	15	53.45	Robert	Lawrence	U/A	M	M
232	391	53.53	Kaeren	Milligan	U/A	F	F1
233	57	53.56	Luke	Goldsborough	U/A	M	M
234	435	54.12	Jo	Fambely	Thirsk & Sowerby	F	F2
235	307	54.17	Emily	Walker	Ripon Runners	F	F
236	458	54.21	Joanne	Wallace	Ripon Runners	F	F2
237	447	54.22	Janine	Gambles	Idle A C	F	F2
238	305	54.32	Giulia	Wilkins	Scarborough A C	F	F
239	366	54.39	Nik	Sutton-Haigh	Thirsk & Sowerby	F	F1
240	430	54.54	Judith	Bewell	Wetherby Runners	F	F2
241	432	54.57	Jane	Hartas	York Knavesmire	F	F2
242	381	55.00	Leah	Horner	Ripon Runners	F	F1
243	462	55.04	Janet	Carling	Nidd Valley R R	F	F2
244	43	55.11	Andy	Malton	U/A	M	M
245	54	55.14	Chris	England	U/A	M	M
246	359	55.23	Catherine	Lyons	U/A	F	F1
247	431	55.29	Bernie	Wood	Easingwold R C	F	F2

248	398	55.35	Pamela	Johnson	U/A	F	F1
249	362	55.52	Nicky	Taylor	U/A	F	F1
250	130	55.54	Garry	Moss	York Knavesmire	M	M1
251	449	55.54	Jane	Williams	Wetherby Runners	F	F2
252	455	55.59	Margaret	Oliver	York Knavesmire	F	F2
253	12	56.19	Simon	Harrison	U/A	M	M
254	426	56.36	Marian	Hunter	Swaledale R R	F	F2
255	454	56.40	Eileen	Howell	Thirsk & Sowerby	F	F2
256	47	56.46	Richard	Kavanagh	Harrogate Harriers	M	m
257	293	57.04	Colin	Bayes	Scarborough A C	M	M3
258	425	57.06	Renna	Benson	U/A	F	F2
259	483	57.15	Lorraine	Allamby	New Marske Harriers	F	F3
260	460	57.21	Wendy	Holden	U/A	F	F2
261	368	57.22	Emma	Clark	U/A	F	F1
262	271	58.11	Allan	Hunter	U/A	M	M3
263	375	58.18	Jo	Rankin	Wetherby Runners	F	F1
264	459	58.41	Sylvia	Morten	U/A	F	F2
265	361	58.43	Jo	Davey	Wetherby Runners	F	F1
266	461	58.43	Rosalyn	Day	Wetherby Runners	F	F2
267	275	58.56	Ian	Codling	Thirsk & Sowerby	M	M3
268	32	59.04	Charles	Blatchford	U/A	M	M
269	457	59.27	Julia	Spittle	Swaledale R R	F	F2
270	303	59.41	Julie	Merrin	U/A	F	F
271	204	59.48	Andy	Young	York Knavesmire	M	M2
272	473	59.52	Margaret	Wingate	U/A	F	F3
273	295	60.03	Roy	Tribick	Scarborough A C	M	M3
274	376	60.28	Toya	Bastow	Ripon Runners	F	F1
275	380	60.46	Pam	Dean	Ripon Runners	F	F1
276	8	61.32	Glen	Cranfield	U/A	M	M
277	384	61.35	Liz	Dixon	U/A	F	F1
278	304	61.39	Paula	Ferris	U/A	F	F
279	472	61.50	Coralin	Harrison	Harrogate Harriers	F	F3
280	475	61.51	Elizabeth	Raper	Ripon Runners	F	F3
281	203	61.65	Barry	Robson	Road Runners	M	M2
282	40	62.00	Kevin	Young	U/A	M	M
283	392	62.04	Sarah	Sharpe	U/A	F	F1
284	471	63.16	Marian	Codling	Thirsk & Sowerby	F	F3
285	437	64.08	Margaret	Hammond	Ripon Runners	F	F2
286	280	65.22	William	Utley	U/A	M	M3
287	477	65.49	Janet	Baines	U/A	F	F3
288	356	66.42	Lynn	Symonds	U/A	F	F1
289	476	66.50	Dot	Carr	U/A	F	F3
290	367	66.52	Paula	Johnstone	Ripon Runners	F	F1
291	463	66.53	Karen	Hanton	Ripon Runners	F	F2
292	369	67.01	Helen	Maguire	Ripon Runners	F	F1
293	399	67.13	Sandra	Canavan	Ripon Runners	F	F1
294	479	69.33	Glenys	Nutter	Swaledale R R	F	F3
295	474	71.08	Rita	Wells	Ripon Runners	F	F3
296	377	72.10	Angela	Thompson	Ripon Runners	F	F1
297	222	72.38	Geoff	McPherson	U/A	M	M2

298	394	72.38	Anett	Prafke	Ripon Runners	F	F1
299	438	72.38	Carolyn	Sands	Ripon Runners	F	F2
300	441	73.50	Linda	Uner	Ripon Runners	F	F2
301	374	75.39	Sarah	Henshaw	Ripon Runners	F	F1
302	452	76.16	Lynne	McKenna	Ripon Runners	F	F2
303	371	76.32	Allison	Waterworth	Ripon Runners	F	F1
304	234	77.40	George	Harrison	U/A	M	M2
305	382	77.40	Lisa	Sorby	Ripon Runners	F	F1
306	287	79.23	William	Munson	Ripon Runners	M	M3
307	288	81.38	Eric	Nutter	Swaledale R R	M	M3