

### **Imeson and Orr shine at Burn Valley.**

Saturday 5<sup>th</sup> July saw the Black Sheep series continue with the ever 'popular' Burn Valley half marathon at Masham. Unusually the race was run in the rain in contrast to the usual sweltering heat which has become synonymous with the race. Although the weather may have been in the runners favour the course (known as one of the most challenging in the country) had not relented on the tough hills including Breary Banks. Many Ripon Runners put in superb times for the course with Ben Imeson finishing as first Ripon Runner male in a time of 1.31.25 and Chris Orr putting in a personal best to be first Ripon Runner lady in a time of 1.46.51. The other successful finishers were, Nick Wilson 1.34.55, Paul Morgan 1.35.09, Ray Raper 1.36.04, Gary Wilks 1.37.05, Fred Clapham 1.38.10, Kevin Jackson 1.43.02, John Ward 1.44.08, Paul Oldham 1.45.40, Lisa Quinn 1.48.25, Bruce Symonds 1.49.45, Jo Hope 1.52.17, Alan Wray 1.55.23, John Grundy 1.57.42, Helen Metcalf 2.02.12, Anna Ashfield 2.02.34, Mel Dutka 2.04.58, Fiona Prestwich 2.10.43, John Bull 2.20.20.

While others were taking on the Burn Valley, Martin Gabriel headed further North to tackle the Chevy Chase run in Northumberland. The event had rain increasing in strength but cool conditions to make running more 'comfortable'. The 20 mile race which starts in Wooler, poses the challenge of the Cheviot Hills taking in the two highest summits of Cheviot and Hedgehope. Martin enjoyed the run and finished in an impressive time of 3.53.25.